

Out of Control

- What things in life seem to be (or are) out of control?
- How does it make you feel when things are out of control?
- What do you do about it?
- Is there a better response?

Though the Earth Give Way

Psalm 46

Brown/English: Page 563

White/Spanish: Page 720

Red/Chinese: Page 926



Psalm 46

God is our refuge and strength,
 an ever-present help in trouble.
 Therefore we will not fear, though the earth give way
 and the mountains fall into the heart of the sea,
 though its waters roar and foam
 and the mountains quake with their surging.

refuge = place of protection and safety

give way = earthquake

quake = shake

surging = sudden and violent increase

There is a river whose streams make glad the city of God,
 the holy place where the Most High dwells.
 God is within her, she will not fall;
 God will help her at break of day.
 Nations are in uproar, kingdoms fall;
 he lifts his voice, the earth melts.
 The LORD Almighty is with us;
 the God of Jacob is our fortress.

Most High = God

break of day = dawn / morning

Come and see what the LORD has done,
the desolations he has brought on the earth.
He makes wars cease
to the ends of the earth.
He breaks the bow and shatters the spear;
he burns the shields with fire.

desolations = complete emptiness or destruction
shatters = break suddenly into small pieces

He says, “Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth.”
The LORD Almighty is with us;
the God of Jacob is our fortress.

fortress = heavily protected building

[New International Version \(NIV\)](#) Holy Bible, New International Version®, NIV® Copyright ©1973, 1978, 1984, 2011 by [Biblica, Inc.](#)®
Used by permission. All rights reserved worldwide

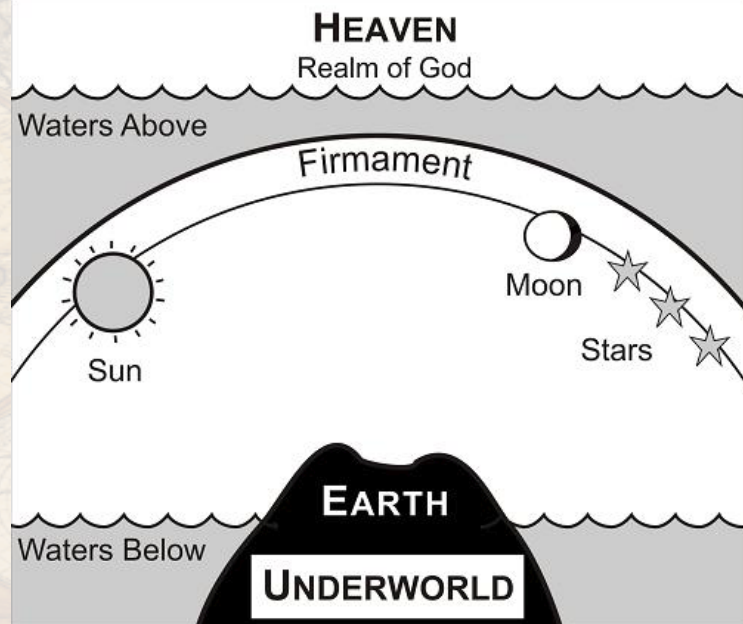


Psalm 46:1-3

God is our refuge and strength,
an ever-present help in trouble.
Therefore we will not fear,
though the earth give way
and the mountains fall into the heart of the sea,
though its waters roar and foam
and the mountains quake with their surging.

“Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea,
though its waters roar and foam
and the mountains quake
with their surging.”

God is a stable protector,
even when **nature** crumbles



Psalm 46:4-7

There is a **river** whose streams make glad the **city of God**,
the holy place where the Most High dwells.

God is within her, she will not fall;

God will help her at break of day.

Nations are in **uproar**, kingdoms **fall**;
he lifts his voice, the earth melts.

The LORD Almighty is with us;

the God of Jacob is our fortress.

Just like the waters

Just like mountains

God is a stable protector,
even when **nations** crumble

Psalm 46:8-11

Come and see what the LORD has done,
the desolations he has brought on the earth.

He makes wars cease
to the ends of the earth.

He breaks the bow and shatters the spear;
he burns the shields with fire.

He says, "Be still," and know that I am God;

I will be exalted among the nations,

I will be exalted in the earth.

The LORD Almighty is with us;
the God of Jacob is our fortress.

Be still and know...

The Big Idea

The God who has authority over
all nature and all nations
is also our protector and strength in Jesus Christ



Application

- Be still
 - Stop the noise and clutter
 - Productivity, Facebook, YouTube, music, talk, ...



Application

- Be still
- Focus your heart on God (“and know...”)

Personal Protective Equipment

- Acknowledge and take to heart this day that the Lord is God in heaven above and on the earth below. There is no other.
Deuteronomy 4:39
- Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father's care. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows.
Matthew 10:29-31
- The Son is the radiance of God's glory and the exact representation of his being, sustaining all things by his powerful word. *Hebrews 1:3*
- By faith we understand that the universe was formed at God's command *Hebrews 11:3*
- Be still, and know that I am God...The LORD Almighty is with us.
Psalms 46:10-11

Application

- Be still
- Focus your heart on God (“and know...”)
 - Sabbath: regular discipline to rest your soul in God
 - Remember creation *Exodus 20:11*
 - Remember salvation *Deuteronomy 5:15*

The Big Idea

The God who has authority over
all nature and all nations
is also our protector and strength in Jesus Christ

**QUIET YOUR SOUL
GIVE ATTENTION TO GOD:
HIS AUTHORITY AND GOODNESS
IN JESUS CHRIST**