

## A Compassionate Call

Matthew 9:35-10:8

σπλάγχνον == splanchnon

Bowels, gut

σπλαγχνίζομαι == splachnizomai

To have a gut level reaction

Matthew 9:35-10:8

9:35-36

9:37-38

10:1, 5, 7-8

### The Big Idea

**Our God of grace and compassion longs for His people to join His work of proclaiming and actualizing His new world**

**Harassed and Helpless like sheep without a shepherd**

### Application

#### Pray

For help and for more helpers

#### Have compassion

#### Some specific steps

Who is one person you could reach out to?

To listen and care

Conversation workshop 9/24

Spiritual First Aid training

Crossway Multinational Fellowship

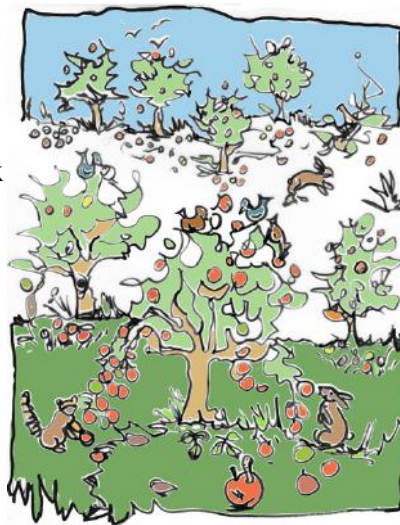
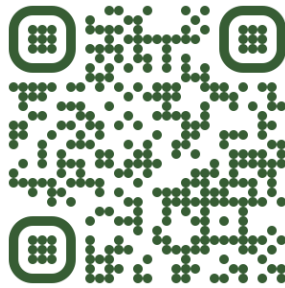
Family Friendship Program

### Pray:

Give me a heart of compassion

Send more people to proclaim and actualize the Good News of Jesus

Help me & Send me (Receive & give)



### Reflection Questions for later today or this week...

1. When you see people in trouble, do you tend to be moved with compassion? Or is your response sometimes more detached or even judgmental? Why might that be?
2. In what ways have you experienced loneliness? Do you feel lonely and isolated now? If so, who is someone you can reach out to for help and connection?
3. Who around you might be lonely, or struggling with mental health issues?
4. What does it look like to reach out to someone in a way that makes them feel less alone, and less like they have to carry their burdens alone? How might our efforts to help sometimes actually make things worse? (Note that one of the best things we can do is help connect people in need with people who are really able to help. Reminder: the new suicide prevention helpline is 988.)
5. Who is someone you could reach out to this week, to listen and to care, and to point to the God who has come to help? What action will you take to proclaim God's Good News, and to actualize it?

### Conversation Starter

The surgeon general has said that loneliness is an epidemic in the US. Do you believe it? Do you know someone who is lonely? Have you ever been lonely?